

Six Thinking Hats (aka "Change of Perspective")

Process Control
Facilitation, and guidance of the brainstorming process



Objectivity, Neutrality
Facts, Numbers

Personal Feelings, Subjective Opinion
Emotions, Fears, Hopes



Objective, Negative Arguments
Doubts, Concerns, Risks

Objective, Positive Characteristics
Opportunities, Pluses Points, Goals



New Ideas
Unconstrained, Random Ideas

Food sharing



